



USMC Sports Leadership Academy

Event Day Schedule

- 9:00 – 9:45** Check-in/attendees report to the Chin Up bars and then to the courts with their assigned coach
- 9:45 – 10:00** Welcome and Introduction of Marines and Coaches by Event Director
- 10:00 – 10:30** Marines will guide the clinic attendees through PT warm-up session
- 10:30 – 11:30** Skills Evaluation on Each Court (10 Minute Intervals)
- 11:30 – 11:50** Skills Session #1
- 11:50 – 12:10** Skills Session #2
- 12:10 – 12:25** Marine Leadership Session #1
- 12:25 – 12:45** Skills Session #3
- 12:45 – 1:05** Skills Session #4
- 1:05 – 1:20** Marine Leadership Session #2
- 1:20 – 2:00** Lunch – All clinic attendees will stay in the lunch area until dismissed.
- 2:00 – 2:15** Marines will lead clinic attendees through warm ups for the afternoon session.
- 2:15 – 2:35** Skills Session #5
- 2:35 – 2:55** Skills Session #6
- 2:55 – 3:10** Marine Leadership Session #3.
- 3:10 – 4:00** 6 on 6 Competition
- 4:00 – 4:15** Marine Leadership Session #4
- 4:15 – 4:30** “Closing Ceremonies”